

## **Each One! Bless One!**

eBlessings' Bible Class Lessons

You Can Make a Difference!

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### **Bible Class Lesson Eight:**

## **GROWING YOUR SPIRIT SOUL**

Chapter One

Emotion vs. Spirit

### **Key Scripture:**

“For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder: and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace.”

Isaiah 9:6

### **Lesson Objective:**

To enhance our spiritual growth by increasing our understanding of emotions and what part Father God plays daily in and through our emotions, waiting for us to learn to control our emotions and not give in to them. This lesson will explain that our Heavenly Father is Love. Not the love we know as emotion, but Love as we experience as action, spirit, and thought. Without this understanding, our emotions riddle our human experience with emotional failures because we lack the true understanding and knowledge of what true emotion is. We must seek the spiritual attributes of Christ Jesus in us, which will allow us to move in the miracles of Christ.

**Lesson:**

**W**hat is an Emotion then? You cannot put your fingers on it, or your hand. It is not a physical thing like your car or house or television. Then what is it? You feel it, is what we say emotionally. We can feel emotional chemistry coursing through our arms and legs when we get emotionally happy, angry, or sad. It feels like it is physical. It is brain chemistry, which is physical and has a physical impact on our bodies. Our brains can (if we want them to) control how we react to that chemistry, in turn allowing us to control how we feel about things.

Is that really emotion? What you are feeling is spiritual. Father God has connected Himself, so entwined with us, that we cannot ignore Him. Here is another mystery revealed: Father God has placed Himself in us as emotions—love specifically, so we cannot ignore Him. A day cannot go by without us having some type of contact with our emotions... happiness, joy, peace, love, and other positive responses to Father God's Creation.

Jealousy, envy, distrust, hate, and maybe emotions like sadness are of the characteristic of satan, but remember, everything, and I mean everything that ever existed proceeds from the Father's very existence and is a construct for and by Christ. **(John 1:3; Hebrews 1:1-2; Ephesians 3:9)** Remember, Christ Jesus is the EVERLASTING FATHER. **(Isaiah 9:6)**

The word emotion is derived from the French, so how did the Greeks get to influence the word love so much? Emotion from Merriam-

Webster: "the affective aspect of consciousness." Now that's Webster, but this is the etymology which is absolutely the correct answer and I am shocked it is there: to remove, displace or to move. That my friends is nothing but Father God and Love explained. God is spirit; spirit is action—to move is action—to remove is action—to displace is action. God will move you to His Love—to displace evil thoughts and behaviors—to remove anything not like Jesus from you (inside and out).

## FATHER IS SPIRIT IS LOVE IS ACTION



### QUESTIONS:

1. How did you feel when you read the lesson Scripture? Did you feel emotion? Why? Why not?
2. What part do you think Father God, Christ Jesus, or the Holy Ghost plays in your emotions?
3. Name an emotional failure which you have experienced which stands out in your mind?
4. Please give your definition of emotions? Keep it short.
5. Are emotions really a product of our brain chemistry?
6. How does Father God show up as love in your life?
7. How is Christ Jesus involved in negative emotions?
8. Explain how Father God can be love, action, thought, Spirit (spirit of God), and spirit (spirit of man)?